



Realization Unfolds

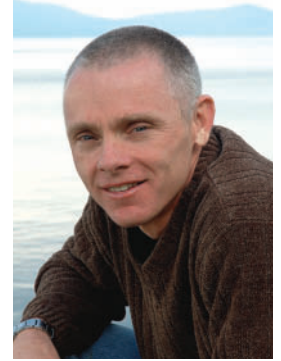
A Conversation between
A. H. Almaas and Adyashanti



Hameed Ali (A. H. Almaas) is the founder of the Diamond Approach®—a spiritual teaching that utilizes a unique kind of inquiry into realization, where the practice is the expression of realization. Freedom is living our realization, a dynamic enlightenment where our transcendent truth lives personally in the world. This inquiry opens up the infinite creativity of our Being, transforming our lives into a runaway realization, moving from realization

to further realization. His books include *The Inner Journey Home*, *Essence*, *The Pearl Beyond Price*, *Luminous Night's Journey*, and *The Unfolding Now*.

Adyashanti dares all seekers of peace and freedom to take the possibility of liberation seriously. He began teaching in 1996, at the request of his Zen teacher. Since then, many spiritual seekers have awakened to their true nature while spending time with him. Adyashanti's spontaneous and direct nondual teachings have been compared to those of the early Zen masters and Advaita Vedanta sages, yet are free of any tradition or ideology. He is the author of *The Impact of Awakening*, *Emptiness Dancing*, *My Secret Is Silence*, *True Meditation*, and *The End of Your World*.



Saturday, October 23, 2010 in San Rafael, CA

Hosted by Sounds True Founder, Tami Simon

Spiritual realization expresses itself differently through different teachers. On October 23, two of our generation's most pioneering and influential spiritual teachers will join together for the first time to explore their respective perspectives on spiritual awakening and what it means to live an awakened life. Topics to be covered include:

- *Is psychological self-knowledge necessary for spiritual realization?*
- *What about human uniqueness and individual personhood after awakening?*
- *What is the role of the spiritual teacher and transmission in the awakening process?*
- *Guided inquiry sessions led by Adyashanti & A. H. Almaas*

There will also be time for questions and discussion with the audience.

Location

Dominican University of California
Angelico Concert Hall
50 Acacia Avenue, San Rafael, CA 94901

Register at www.adyashanti.org

Preregistration is recommended, as the event will most likely sell out quickly. Register online at www.adyashanti.org for \$85 on or before October 15. Or register at the event for \$95 (cash or check only, space permitting).

Schedule & Information

12:30pm–6:00pm

Please arrive on time.

11:30am Registration begins

12:00pm Doors open

12:30pm Event begins

6:00pm Event ends

Seating: Theater style seating; no floor seating available.

Scholarships: Limited scholarships are available; apply by September 24.



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